

2023 DUTCH SHOE MARATHON

San Diego Yacht Club and Coronado Yacht Club

July 21, 2023

SAILING INSTRUCTIONS



1. RULES

- 1.1. These races will be governed by the Racing Rules of Sailing (RRS), and the rules of INSA; specifically, the Gross Weight Rule for A-fleet, B-fleet, and Senior Skippers, but NOT C-Fleet. This modifies INSA rules.
- 1.2. Inland Rules-of-the-Road apply when encountering non-racing craft. No vessel has the right of way over a large ship that is restricted in maneuvering. **Rule 41, 60.2, 63.1 and A5 are modified to add that the Race Committee (R/C) may disqualify a yacht infringing this instruction without a hearing.**
- 1.3. **RRS 61.1(a)** regarding protests has been modified as described in section 14.
- 1.4. Race Committee may direct patrol boats to hail competitors to alter course to avoid commercial traffic. **Rule 41, 60.2, 63.1 and A5 are modified to add that the Race Committee (R/C) may disqualify a boat infringing this instruction without a hearing.**

2. ENTRY

- 2.1. The SDYC regatta chairman must receive online registration entries by July 16 to qualify for the \$45 entry fee. The Regatta Chairmen will approve late entrants until 1045 on July 21 for an additional \$15 fee (\$60). Late entrants are not guaranteed to receive a T-shirt.
- 2.2. Yachts may enter one class only.
- 2.3. Participating Yacht Clubs **must provide** one (1) "Safety Escort Vessel" capable of rescuing capsized Sabots and an additional vessel for each ten boats thereafter.
- 2.4. "Safety Escort Vessels" will be assigned relative positions within the Fleet. Assignments will be made at the Safety Escort Vessel Brief.

3. NOTICES TO COMPETITORS

- 3.1. Official notices will be posted on the Official Notice Board on the east wall of the SDYC Malin Burnham Sailing Center.
- 3.2. In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the RC signal boat displays code flag L over A with one sound signal. This means come within hail of the RC signal boat or a Safety boat to receive the oral changes to the Sailing Instructions.

4. CHANGES IN THE SAILING INSTRUCTIONS

- 4.1. Any changes in these sailing instructions will be announced at the skippers' meeting and posted immediately after the skippers' meeting.

5. SCHEDULE

Registration	0900 – 1045.....	SDYC Jessop Classroom
Skippers Meeting	1100.....	Sail Wash Lawn
Safety Escort Vessel Brief.....	Immediately Following.....	Sail Wash Lawn
Attention Signal (All Sailors).....	1156 (Multiple Horn Blasts).....	La Playa
Warning Signal (C Fleet).....	1157 (Class Flag - Pink).....	La Playa

6. THE START AND FLEET COLORS

- 6.1. The starting area will be located in La Playa Basin off the SDYC E / Race Dock.
- 6.2. The next class to start will be signaled by a flag displaying their pennant color, flown from the upper deck of the Race Committee vessel. The class signal will be flown at or shortly after the preparatory signal (or starting signal of the fleet starting ahead).
- 6.3. WARNING SIGNAL (C FLEET)..... 1157..... Class Flag (Pink)
PREPARATORY C FLEET 1158..... I flag
ONE MINUTE WARNING 1159..... I flag down
START - C FLEET [Pink]..... 1200..... Class Flag down/ Next Class Flag up
START - B FLEET [Green]..... 1203..... Class Flag down/ Next Class Flag up
START - A FLEET [Purple] 1206..... Class Flag down/ Next Class Flag up
START - SR. FLEET [Light Blue]..... 1209..... Class Flag down

7. COURSE

- 7.1. Start between an **ORANGE** ball buoy and **ORANGE** flag aboard the R/C boat.
- 7.2. Leave **YELLOW** tetrahedron to **port** (windward mark at top of La Playa). Race Committee may eliminate this mark depending on wind direction and will inform competitors by flying Code Flag C at the start.
- 7.3. Leave **YELLOW** tetrahedron (across from Harbor Police) to **port**.
- 7.4. Leave **RED** Shelter Island Government day marker red triangle "4" to **port** (15' tall, platform).
- 7.5. Leave **YELLOW** tetrahedron in San Diego Bay in the vicinity of the south end of Shelter Island to **port**.
- 7.6. Leave **RED** channel buoys #16A, 18, 20, 22, and 24 to **port**.
- 7.7. Leave **RED** cone (between channel buoy 22 and 24) to **port**.
- 7.8. **Remain clear of U.S. Navy Security Zones, which are marked with floating barriers.**
- 7.9. Leave **ORANGE** tetrahedron just before the Coronado Bridge to **starboard**.
- 7.10. The finish between an **ORANGE** ball and a staff with an **ORANGE** flag aboard the R/C boat.
- 7.11. **Competitors sailing into the Main Ship Channel or a Navy Security Zone may be subject to a hearing and potential disqualification.**

8. CHANGE OF COURSE

- 8.1. The Race Committee may be required to change the course for all or a portion of a fleet, for safety reasons or conflict with commercial or government vessels. The following instructions change race signals.
- 8.2. If a change of course is required, sailors will be signaled by a safety escort vessel with repetitive sounds. The sailors signaled will follow a vessel displaying a large orange flag.
- 8.3. Sailors will be directed how to rejoin the course by a safety escort vessel.
- 8.4. Consequences of change of course will not be grounds for redress.

9. ABANDONMENT OF THE RACE AND RESTART

- 9.1. The Race Committee may abandon and restart the race, or temporarily delay a portion of the fleet, at any point on the race course for safety reasons or conflict with commercial or government vessels.
- 9.2. If a restart is required, a single sequence will be run and **only affected sailors will restart together.** The RC will signal directions according to SI 3.2 (Flags L over A) raised with one sound signal, oral instructions from Race Committee). A restart warning signal will be made one minute after L over A is dropped with one sound signal.
- 9.3. The start sequence for a restart will be as described in Appendix S: (3 minute sound signal start)
- 9.4. Consequences of a restart by Race Committee shall not be grounds for redress.

10. RECALLS

- 10.1. Individual recalls will be signaled by displaying code flag X. Code flag X shall remain on hoist until OCS boats have started correctly or until two minutes have elapsed.
- 10.2. After a general recall has been signaled, a new start signal will be made exactly three minutes after the recalled start. The General Recall flag will come down one minute prior to the start.
- 10.3. The "I Flag" Rule 30.1 (One Minute, Round the Ends) will be observed for all starts.
- 10.4. As a courtesy, the Race Committee will attempt to hail boats "On Course Side" (OCS) as soon as possible, including during the "I Flag" 1 min prior to the start. Failure of electronic equipment, failure to

hear a hail, order of hail, or delay in hailing will not be grounds for redress. This modifies RRS 62.1 (a).

11. THE FINISH

11.1. The finish area will be at the entrance to Glorietta Bay in the vicinity of launch ramp located on the Silver Strand.

12. TIME LIMIT

12.1. Yachts not finished by 1600 will be recorded as DNF.

13. PROTESTS

13.1. Protests are strongly discouraged. If you have a difference of opinion or recollection of an issue, it is strongly encouraged that you discuss the incident with the other individual and work it out amicably.

13.2. A boat still intending to protest shall report their intention to the PRO aboard the signal boat Corinthian at CYC for levity and wisdom. This changes RRS 61.1(a).

14. SAFETY

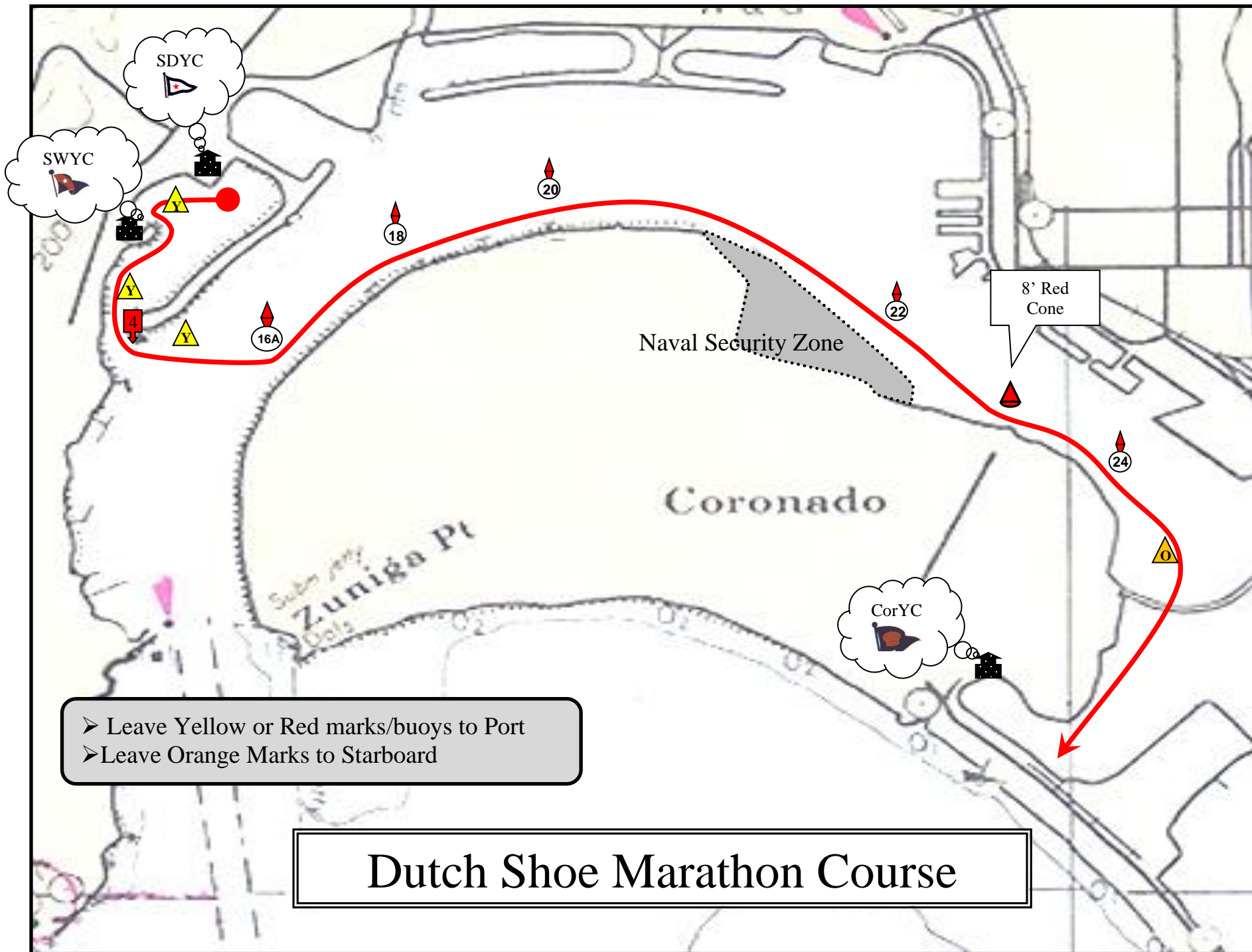
14.1. All Sabots must carry INSA safety equipment: Bowline (minimum of 10'), a hand bailer (pumps alone are not acceptable) and a paddle.

14.2. **SAFETY IS PARAMOUNT!** This regatta has an excellent safety record due to the excellent cooperation and sportsmanship of the competitors. Please ensure your best effort to continue that tradition. **All skippers must properly wear a Coast Guard approved type III life jacket at all times while on the water.**

14.3. The Race Committee may DSQ a competitor without protest who is not properly wearing a life jacket. The Race Committee may order that competitor to immediately drop from the race and take assistance from a rescue boat and be towed to Coronado Yacht Club. This modifies RRS 60.2, 63.1.

14.4. In the event you desire assistance of any kind or want to retire from the race, signal an escort boat.

14.5. "Safety Escort Vessels" will be stationed between the fleet and the main channel. Alterations of course or other instructions from any safety escort vessel must be complied with. **Failure to respond to safety requirements will subject skippers to disqualification per SI 1.4.**



- Leave Yellow or Red marks/buoys to Port
- Leave Orange Marks to Starboard

Dutch Shoe Marathon Course