



## Summer Sailor Checklist

- PFD (lifejacket):** US Coast Guard Approved, Type III. Brands like Extrasport and Gill are the most popular and comfortable. Fit is important, so please choose the appropriate size for THIS summer.
- Sunscreen:** Every sailor must have their own tube. The more protection the better. Ideally choose a waterproof variety that won't hurt the eyes.
- Hat:** even better sun protection.
- Sunglasses:** important protection for the only eyes you have!
- Bailer:** "Every sailor brings a bailer" which can easily be fashioned by cutting the bottom off of a big OJ or laundry soap jug.
- Change of clothes:** besides wearing clothes to get wet in, every sailor should have extra dry duds and a towel.
- Please label all gear with your name and SDYC!**
- Water:** staying hydrated is important for a safe, fun, learning experience!
- Lunch/Money:** Please bring one or the other if you'll be here over the lunch break. SDYC's Snack Bar is famous for its great lunch! Unfortunately, we cannot offer refrigeration.
- Good Attitude:** Well rested, well fed, happy, and ready to HAVE FUN!

**See You Soon!**