D. POOL AND SPA RULES

1. The hours of operation for the pool and spa are from sunrise until 2200, except for daily cleaning between 0800 and 0845 and between 1500 and 1530 during the summer.
2. Diving is not allowed.
3. The pool and spa are reserved for adults only till 10:00 am.
4. Glass is not allowed in the pool, spa and pavilion areas.
5. Those who use the pool and spa shall be considerate of others. No abusive offensive or loud language will be tolerated.
6. Proper swim attire is required, including bathing suits, board shorts and rash guards. Two swim diapers are required for all children age 3 & younger and for children who are not potty trained.
7. All pool toys must be used appropriately and at the discretion of the lifeguard.
8. All children age 4 are and under required to wear a U. S. Coast Guard approved Personal Flotation Device.
9. No hypoxic training.
10. Supervision of Children: a. Children age 5 & younger not allowed in whirlpool/spa at any time. b. Children age 7 & younger must be accompanied by an adult when in the water. c. Children age 12 and younger may not be in the pool/spa area unless actively supervised by an adult.
11. Swim lessons allowed only be prior written permission from the General Manager. Instructors must sign in with Security upon entering club grounds and must be accompanied by an SDYC member at all times.
12. The lifeguard and/or member of the management staff of the Club may, at their discretion, refuse admittance to the pool or spa areas to any person not complying with Pool and House Rules.
13. Due to the family nature of the Club, proper swim attire is required, including bathing suits, board shorts and rash guards. G-string, Thong, Brazilian or Itsy bathing suits are not considered to be appropriate and are not permitted on Club Property.